

Region 5 Cross Country

October 23, 1974

Lake Nokomis - 3 miles

Course Record: 14:52 Lloyd Stephanson, St. Louis Park, 1971
Metro Invitational

Meet Record: 14:55.2 Walter Johnson, Southwest, 1974
(old record: 14:58.2 Tim Heisel, Eisenhower, 1970)

Meet conditions: Temperature-----68°
Relative humidity-----38
Wind-----2-3 mph out of SW
Course-----very dry and fast

Team Scores:

	1	2	3	4	5	Total	6	7
1. Armstrong	4	6	7	8	20	<u>45</u>	24	28
2. Southwest	1	2	30	34	49	<u>116</u>	57	-
3. St. Louis Park	13	14	26	40	44	<u>137</u>	55	63
4. Edina East	10	21	27	31	56	<u>145</u>	60	61
5. Eisenhower	12	19	25	42	59	<u>157</u>	67	80
6. Lincoln	17	23	33	45	51	<u>169</u>	66	81
7. South	11	37	41	48	53	<u>190</u>	64	87
8. Edina West	3	36	43	54	71	<u>207</u>	73	96
9. Henry	16	35	47	52	74	<u>224</u>	92	101
10. St. Cloud Apollo	5	29	39	76	77	<u>226</u>	78	89
11. West	9	22	32	90	97	<u>250</u>	108	109
12. Rocori	15	62	70	75	82	<u>304</u>	83	85
13. St. Cloud Cathedral	46	58	68	69	72	<u>313</u>	86	91
13. St. Cloud Tech	18	38	65	94	98	<u>313</u>	104	107
15. Watertown	84	88	95	100	103	<u>470</u>	106	115
16. Howard Lake	93	99	102	105	113	<u>512</u>	116	117
17. Paynesville	79	110	111	112	114	<u>526</u>	118	-

Region 5 Individual Results:

	Team Place- Scoring	NAME	SCHOOL	TIME
1.	1	Walter Johnson*	Southwest	14:55.2
2.	2	Tom Fagrelus *	Southwest	15:02
3.	3	Peter Wehrwein Ind.	Edina West	15:10
4.	4	Steve Guertin	Armstrong	15:12
5.	X	Terry Alexander Ind.	Golden Valley	15:12.1
6.	5	Chuck Rogosheske	Apollo	15:17
7.	6	Lane Weiker *	Armstrong	15:19
8.	7	Tom Whietis *	Armstrong	15:21
9.	8	Chris Napolitano *	Armstrong	15:22
10.	9	Valdis Inde	West	15:24
11.	10	Skip Chalker *	Edina East	15:25
12.	11	Earl Smith	South	15:26
13.	12	Jim Sylvestre	Eisenhower	15:30
14.	13	Pat Corcoran *	St. Louis Park	15:34
15.	14	Bob Droen *	St. Louis Park	15:36
16.	XX	Felix Sehlin	Marshall-U-High	15:37
17.	15	Ken Mueller	Rocori	15:38
18.	16	Don Lucas	Henry	15:39.1
19.	17	Fran Koch	Lincoln	15:41
20.	18	Terry Zwiener	St. Cloud Tech	15:45
21.	19	Don Wille	Eisenhower	15:47
22.	20	Steve Renneberg *	Armstrong	15:49
23.	21	John Bing *	Edina East	15:50
24.	22	Jim Hallenberg	West	15:52
25.	23	Rick Anderson	Lincoln	15:53
26.	24	Tom Braun *	Armstrong	15:54
27.	25	Todd Kempainen	Eisenhower	15:56
28.	26	Dave Howard *	St. Louis Park	15:57
29.	27	Mike Maney *	Edina East	15:58
30.	28	Steve Varner *	Armstrong	15:58.5
31.	29	Ken Daly	Apollo	15:59
32.	30	Pat George *	Southwest	15:59.1
33.	31	Steve Gethin *	Edina East	15:59.2
34.	32	Tom Schwob	West	16:01
35.	33	Thad Briol	Lincoln	16:02
36.	34	Don Munson *	Southwest	16:02.1
37.	35	Don Bigelow	Henry	16:02.5
38.	36	Gray McQuarrie	Edina West	16:03
39.	37	Bill Fintel	South	16:03.1
40.	38	Roger Grell	St. Cloud Tech	16:06
41.	39	Rob Schwegal	Apollo	
42.	X	Jim Johnson	Rockford	16:08
43.	40	Jim Cochran *	St. Louis Park	16:09.
44.	41	Mike Zimmer	South	16:09.1
45.	42	Doug Hess	Eisenhower	16:12
46.	43	Colin Turner	Edina West	16:13
47.	44	Tim Cannon *	St. Louis Park	16:14
48.	45	Brad Jostock	Lincoln	16:14.1

TEAM
PLACE-
SCORING

		NAME	SCHOOL	TIME
49.	46	Dan Stommes	St. Cloud Cathedral	16:16
50.	47	Corky Jackman	Henry	16:17
51.	48	Melvin Alvarez	South	16:18
52.	49	John Winship *	Southwest	16:18.1
53.	50	Kevin Fitzgerald *	Southwest	16:20
54.	51	Bruce Porter	Lincoln	16:20.1
55.	52	Steve Wortman	Henry	16:20.2
56.	53	Mark Gustafson	South	16:23
57.	XX	Mike Robeck	St. Michael	16:22
58.	XX	George Dorr	Dassel-Cokato	16:23
59.	54	Mike Palmer	Edina West	16:24
60.	55	Hadley Kohn *	St. Louis Park	16:25
61.	56	Bill Loomis *	Edina East	16:26
62.	57	Todd Wilhelm *	Southwest	16:28
63.	58	Tom Zimmerman	St. Cloud Cathedral	16:29
64.	59	Craig Handel	Eisenhower	16:29.1
65.	60	Dave Dorsey *	Edina East	16:30
66.	61	Bill Leslie *	Edina East	16:31
67.	62	Tom Schmitt	Rocori-Cold Spring	16:38
68.	63	Dan Saxton *	St. Louis Park	16:38.1
69.	64	Ed Alvarez	South	16:39
70.	65	Phil Kinney	St. Cloud Tech	16:39.1
71.	66	Tim Daly	Lincoln	16:39.2
72.	67	Mike Handel	Eisenhower	16:40
73.	68	Mike Davis	St. Cloud Cathedral	16:42
74.	69	Joe Waverek	St. Cloud Cathedral	16:43
75.	70	Blaze Zenner	Rocori-Cold Spring	16:50
76.	71	Jim Perkl	Edina West	16:53
77.	72	Mike Quinlivan	St. Cloud Cathedral	16:55
78.	73	Scott Monaghan	Edina West	16:56
79.	74	Lenny Schram	Henry	16:57
80.	75	Bruce Conrad	Rocori-Cold Spring	17:00
81.	76	Mark Thome	Apollo	17:01
82.	77	Dan Loes	Apollo	17:03
83.	78	Steve Isaacson	Apollo	17:04
84.	79	Tim Warner	Paynesville	17:04.1
85.	80	Rob Merritt	Eisenhower	17:02
86.	81	Bruce Temte	Lincoln	17:07
87.	82	Ron Binsfeld	Rocori	17:08
88.	83	Jim Hunstiger	Rocori	17:09
89.	84	Eric Sandquist	Watertown	17:12
90.	85	Tom Martinson	Rocori	17:15
91.	86	Bob Kremer	St. Cloud Cathedral	17:16
92.	87	Frank Abrahamson	South	17:16.1
93.	88	Scott Flaig	Watertown	17:18
94.	89	Dale Gross	Apollo	17:21
95.	90	Villis Inde	West	17:23
96.	91	Tim Elchert	St. Cloud Cathedral	17:24
97.	92	Scott Jones	Henry	17:26
98;	93	Jed Zander	Howard Lake	17:29

99.	94	Duane Osgood	St. Cloud Tech	17:30
100.	95	Joel Larson	Watertown	17:37
101.	96	Mike Stanzak	Edina West	17:38
102.	97	Dave Clark	West	17:43
103.	98	Dave Thiessen	St. Cloud Tech	17:44
104.	99	Gary Major	Howard Lake	17:50
105.	100	Richard Flemming	Watertown	17:50.1
106.	101	Craig Shockency	Henry	17:52
107.	102	Dean Hohag	Howard Lake	17:56
108.	103	Mark Flaig	Watertown	18:00
109.	104	Jeff Varner	St. Cloud Tech	18:01
110.	105	Craig Meinhardt	Howard Lake	18:15
111.	106	Bob Lund	Watertown	18:15.1
112.	107	Larry Grell	St. Cloud Tech	18:18
113.	108	Ian Cunningham	West	18:46
114.	109	Gene Halstead	West	19:00
115.	110	Dave Berg	Paynesville	19:06
116.	111	Dick Krueger	Paynesville	19:07
117.	112	Kevin Linn	Paynesville	19:16
118.	113	Ricky Cochran	Howard Lake	19:25
119.	114	Bill Hoeft	Paynesville	19:30
120.	115	Bruce Venske	Watertown	19:39
121.	116	Dave Koosman	Howard Lake	19:54
122.	117	Randy Degn	Howard Lake	20:05
123.	118	Paul Weiss	Paynesville	20:14
	Ind.	Andy Moller	New London-Spicer	17:09
		(would have been 89th)		